How to Lead Remote Teams Using Persona-Based Empathy



Empathetic leadership boosts productivity, performance and collaboration. It starts with leaders understanding the mindsets and circumstances of individual team members. Check out these empathy deep-dives for four personas common in today's workforce and juggling remote work with pandemic-related pressures.

Key Groups in Today's Workforce



The Empty Nesters Challenged by less structure

Drivers

- Feeling accomplished and valued
- Mentoring others
- Serving as "the expert"

Goals

- Recognition
- Respect from the team

Pain Points

- Discomfort with schedule disruption
- Lack of clarity around roles & responsibilities
- Often unfamiliar with newer technologies

How to Support

- Stay consistent with 1:1s and team meetings
- Share acknowledgement of contributions via email and during meetings
- Offer them space to share their stories and experience
- Give them the right tools and training (offer to send tech/tech support to homes)



The "I've Got This" Group Good at adapting

Drivers

- Autonomy
- 0 Flexibility
- Personal Loyalties

- Leadership opportunities
- Challenging, meaningful work
- O Sane work-life balance
- Collaborative work

Pain Points

- Heavy workload
- Feeling micromanaged / Bureaucracy

How to Support

- Encourage them to define their own goals
- Offer them leadership / ownership opportunities
- Don't go overboard on feedback



The "This Is Tough" Group Competing priorities/ poor environments for WFH

MILLENNIALS

The "I'm All Alone" Group Isolated and/or discouraged

GEN ZERS

MILLENNIALS

Drivers

- Purposeful work Getting their work
- done
- Often, managing others

Goals

- High productivity
- Sane work-life balance
- Advancement opportunities

Pain Points

- Overwhelmed with combined home and work responsibilities
- Time-starved
- Sometimes, poor WFH physical space options

How to Support

- O Be proactive about reaching out
- Adapt to their schedules for 1:1s and team meetings
- Understand absences and family commitments
- Share feedback, recognition and support during checkins (increase check-ins if schedule permits)
- Encourage them to take time away/use wellness benefits (e.g. EAPs)

Drivers

- Social interaction
- Affirmation from work peers and managers/ mentors
- Professional development opportunities

Goals

- Good work relationships
- Fulfilling employment
- O Growth / promotion opportunities
- O Opportunity to explore new ideas at work

Pain Points

- O Loneliness, especially if they live alone
- Risk of situational depression as quarantine drags on
- O Zoom / Meeting fatigue (may prefer fewer faceto-face group meetings)
- Lack of feedback / slow response times from others

How to Support

- O Be proactive about reaching out to check if they're OK (younger people/extroverts suffering from depression may not realize it)
- O Pair them with mentors or encourage peers in other persona groups to engage with them
- O Increase 1:1s
- O Give them a project they can own / entrepreneurial opportunities
- O Gently encourage them to consistently join team meetings
- O Provide virtual space (e.g. Slack or Zoom) for drop-in social hours